Ordutegia 2.021-22 Horarios

Inicio	Astelehena Lunes	Gela	Asteartea Martes	Gela	Asteazkena Miércoles	Gela	Osteguna Jueves	Gela	Ostirala Viernes	Gela	Larunbata Sábado	Gela
Apertura	7,3		7		7,3		7		7		9	
8,15			Zirkin Bike	B			Zirkin Bike	B				
9,30	ZUMBA	L	Zirkin Pump	R	Aerobic-Step	L	Zirkin Pump		Zirkin Bike	B		
			Pilates S.	L			Pilates S.	L				
10,00											ZUMBA	L
10,30	Ent. Suspen	R	Zirkin Bike	B	Zirkin Fit	L	Zirkin Bike	B	STRETCHING	L		
			KICKBOXING	N			KICKBOXING	N				
11,00											Zirkin Bike	B
13,30	Zirkin Pump	L	Zirkin Bike	B	Zirkin Pump	L	Zirkin Bike	B				
15,00	Zirkin Bike	B			Zirkin Bike	B			Ent. Suspen	R		
	Aerobic-Step	L	Zirkin Fit	L	Aerobic-Step	L						
16,00	Aerobic-Step	L	Zirkin Fit	L	Aerobic-Step	L						
16,45	Street D G2	R	KICKBOXING		Street D G2	R	KICKBOXING		ZUMBA INFANTIL	R		
	Predanza	N			Predanza	N						
17,00	Ballet G4	L	Ballet G3	L	Ballet G4	L	Ballet G3	L				
17,30	Street D G1	R	Pilates S.	R	Street D G1	R	Pilates S.	R	Zirkin Bike	B		
			KICKBOXING	N			KICKBOXING	N	*Danza Contemporanea*	L		
17,45									ZUMBA INFANTIL	R		
									SEVILLANA INFANTIL			
18,00	Ballet G1	L			Ballet G1	L						
18,30	Zirkin Bike	B	Zirkin Bike	B	Zirkin Bike	B	Zirkin Bike	B	*Danza Contemporanea*	L	SÁBADOS JULIO Y AGOSTO CERRADO	
			KICKBOXING	N			KICKBOXING	N				
18,45	G.A.P.	R			G.A.P.	R						
19,00	Ballet G2	N	*Danza Contemporanea*	L	Ballet G2	N	*Danza Contemporanea*	L	SALSA SEVILLANAS	L		
19,30	Zirkin Bike	B	Ent. Suspen	R	Zirkin Bike	B	Ent. Suspen	R				
	Aerobic-Step	L			Aerobic-Step	L				N		
19,45			KICKBOXING	N			KICKBOXING	N				
20,00	*Contemporaneo*	N	*Danza Contemporanea*	L	B O X E O	N	*Danza Contemporanea*	L	B O X E O	N		
20,30	Pilates S.	R			ZUMBA	L	ZUMBA	L				
					Pilates S.	R						

Gimnasio ZIRKIN

Bruno Mauricio Zabala, 5

48200 Durango

Tfno 946 203 360

www.zirkin.eus monitor@zirkin.eus

App. "Gimnasio Zirkin"

638 922 665

Zirkingimnasioa

#Zirkingimnasioa

@Zirkingimnasioa

Deseamos estar conectadas contigo

GELA	
	B BIKE
	N NARANJA
	L LILA
	R ROSA

1994 - 2019 25 AÑOS/URTE ZIRKIN